

FOR IMMEDIATE RELEASE:

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FOR MORE INFORMATION:

Liz Goliwas Bodet, 504.897.1391
egoliwas@bellsouth.net

NATIONALLY RECOGNIZED AUTHOR KATHY STELIGO TO DISCUSS ALL MATTERS OF BREAST RECONSTRUCTION AT LOCAL SUPPORT GROUP

WHAT: The Center for Restorative Breast Surgery (CRBS) will host its monthly *EnCourage* Support Group meeting in May with Kathy Steligo, nationally recognized author of *The Breast Reconstruction Guidebook: Issues and Answers from Research to Recovery*. Kathy will lead an interactive discussion about the ins and outs of breast reconstruction when mastectomy is unavoidable. “We have recommended *The Breast Reconstruction Guidebook* to our patients for years because it is the most comprehensive and objective resource for women who face mastectomy,” states Liz Markey, New Patient Contact and Educator at the CRBS. “We are thrilled to have her bring her personal experiences, as well as documented information, to our patients.”

Equal parts science and support, Kathy’s book is filled with straightforward information, expert commentary by physicians, and personal stories from patients that illustrate the emotional and physical components of mastectomy and breast reconstruction. “Every woman has a different experience, but every woman faces many of the same challenges and emotions,” states Kathy. “This book walks the reader through the decision making process step-by-step, including how to choose a doctor and a procedure, insurance and payment issues, how to prepare for surgery, and what to expect during recovery.”

Each guest in attendance will receive a copy of *The Breast Reconstruction Guidebook: Issues and Answers from Research to Recovery*. Kathy will be available after the discussion to personally sign books.

WHEN: Wednesday, May 15, 2013 ~ 5:30 pm – 7:30 pm

WHERE: The Center for Restorative Breast Surgery
1717 St. Charles Avenue, New Orleans, LA

HOW: To reserve seat or to find our more information about *EnCourage* Support Groups please contact Katie at 504-899-2800 or EnCourage@breastcenter.com. *EnCourage* Support Group Meetings take place at the Center for Restorative Breast Surgery every second Wednesday of the month. The meetings are free and open to the public, although reservations are required, as space is limited.

WHO: Nationally recognized author Kathy Steligo—two-time breast cancer survivor who has twice had reconstructive surgery

The Center for Restorative Breast Surgery was established to serve as a dedicated resource for women seeking the most advanced methods of breast reconstruction utilizing the body’s own tissue. Frank DellaCroce, M.D., FACS, Scott Sullivan, M.D., FACS, and Chris Trahan, M.D. specialize exclusively in state-of-the-art breast surgery techniques that allow for microsurgical fat transplantation to rebuild the breast without sacrifice of important functional muscles. They are international leaders in breast cancer surgery options, pioneering groundbreaking procedures including nipple sparing mastectomy, the Stacked DIEP, the gluteal hip flap, and the revolutionary BODY LIFT FlapSM. They have performed over 4000 breast reconstruction procedures for women facing breast cancer from around the world.

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